CREATIVE ARTS THERAPIES HELP VETERANS MINIMIZE EFFECTS OF POST-TRAUMATIC STRESS AND TRAUMATIC BRAIN INJURIES.

Did you know that nearly 30 percent of the 48,000 U.S. military members returning from recent conflicts have developed PTSD? And, recent studies show that, tragically, 20 veterans commit suicide every day.

Thankfully, creative arts therapies are helping to lessen veterans’ depression and anxiety, improve their impulse control and concentration, and serve as a protection factor in suicide protection.

When asked about federal funding to “support arts programs for returning military personnel to aid in their transition to civilian life,” a remarkable 70 percent are in favor!

Learn more at www.AmericansForTheArts.org.