

NATIONAL INITIATIVE FOR ARTS & HEALTH IN THE MILITARY

Third National Summit: Advancing Research in the Arts for Health and Well-being across the Military Continuum



Sponsored by Americans for the Arts and the National Center for Complementary and Integrative Health/National Institutes of Health with additional support from the National Endowment for the Arts

EVENT SCHEDULE AND LOCATIONS

Reception and Opening Event

Thursday, February 26, 2015, from 5:00 p.m. to 7:30 p.m. ET

National Intrepid Center of Excellence on the campus of Walter Reed National Military Medical Center

Summit

Friday, February 27, 2015, from 7:30 a.m. to 5:30 p.m. ET

Natcher (Ruth L. Kirschstein) Auditorium, National Institutes of Health

Closing Reception

Friday, February 27, 2015, from 6:00 p.m. to 8:00 p.m. ET

Bethesda Marriott Congressional Ballroom

BACKGROUND

The Third National Summit of the National Initiative for Arts & Health in the Military will examine the critical research needs impacting military service members, veterans, and their families in promoting health, healing, and well-being from pre-deployment, deployment, to reintegration into civilian life. Through symposia, breakout group discussion, and engagement with prominent researchers and thought leaders, participants will learn about the current evidence base for the efficacy of the arts and creative arts therapies in helping service members and veterans recover from illness and injury, with emphasis on current topics of interest to military and veterans health, including resilience, physical and psychological healing, family strengthening, and reintegration. The program and discussions are designed to help advance the strategies and recommendations for Research articulated in the [Arts, Health and Well-Being Across the Military Continuum](#) White Paper.

SUMMIT AGENDA

7:30 – 8:00

REGISTRATION AND BREAKFAST

8:00 – 8:15

OPENING REMARKS

Welcome from Americans for the Arts on behalf of the National Initiative for Arts & Health in the Military and the National Center for Complementary and Integrative Health, NIH

8:15 – 10:30

SYMPOSIUM I: Overview of Exciting Research

Presenting examples of current NIH and Department of Defense-funded research projects that employ (1) arts-based interventions with implications for military populations; (2) integrative approaches to research in military populations; and (3) innovations in research technologies

10:30 – 10:45

COFFEE BREAK

10:45 – 1:00

SYMPOSIUM II: Research Methods and Available Tools

Presenting examples of current NIH-funded research projects with implications for military populations that demonstrate (1) innovative arts-related objective outcome measures; (2) available NIH tools (NIH Toolbox, NIH PROMIS, NIH Neuro-QoL) to assess behavioral and neurological outcomes; and (3) adaptation and application of PROMIS for military and veteran populations

1:00 – 1:45

BOX LUNCH

1:45 – 3:15

CONCURRENT BREAKOUT SESSIONS

Featuring facilitated discussions and presentations of case studies/examples thematically designed to address the central Research recommendations or concerns articulated in the White Paper

GROUP 1: Creative Arts Therapies in Interdisciplinary Care at National Intrepid Center of Excellence (NICoE) Facilities

Panel and discussion will present an overview of how creative arts therapies have evolved at NICoE facilities and investigate emerging research opportunities that can lead to a better understanding of how these interventions function in patient-centered, integrative care.

GROUP 2: Research Innovations on Integrative Care in Military Health Settings and Applications for the Arts

Panel and discussion will explore the connections between the arts and integrative health, and how creative arts therapies practices can inform practice and research being conducted in integrative care across military treatment facilities and VA clinical settings.

GROUP 3: Creative Arts Therapies and Arts Partnerships in VA Patient-Centered Care— Demonstrating Impact Through Innovation and Collaboration

Panel and discussion will present innovative creative arts therapies and community connections designed to move veterans along the continuum of care and back into strong community roles. Focus of the session will include adapting VA tools and methods for measuring impact, such as the Recovery Assessment Scale for creative arts therapies, and strategies to develop relationships between researchers and research departments in VA facilities.

GROUP 4: Arts-Based Research and Innovative Tools Across Military/Veterans Settings

Panel and discussion will present innovative arts and health research strategies, such as participatory research models, and the development of new, computer-based tools resulting from university and Defense Health and VA medical system collaborations. Discussion will focus on how these community engagement strategies can inform practice and research and support community collaborations across military treatment facilities and VA clinical settings.

GROUP 5: Innovative Research on Military Family Health and Well-Being and Applications for the Arts

Panel and discussion will examine how current initiatives in military family-based research (both clinical and nonclinical) can be applied in an arts-based context to assist arts nonprofits and others in the community both to embark on and expand the body of research on military families and the arts, as well as develop research-based arts programming for military families.

3:15 – 3:30

COFFEE BREAK

3:30 – 4:15

BREAKOUT GROUP SUMMATION

4:15 – 5:15

SYMPOSIUM III: Research Challenges and Opportunities: Strategies for Building Capacity for Arts-Related Research in Military and Veteran Settings

Presenting noted experts in translating evidence into action and bringing research to scale, in a moderated discussion that will consider what steps or resources are needed to achieve a higher level of rigor for arts-related research and to gain broader acceptance for arts interventions in the clinical community.

5:15 – 5:30

CLOSING THOUGHTS AND DIRECTIONS TO THE RECEPTION

6:00 – 8:00

RECEPTION