

NATIONAL INITIATIVE FOR  
ARTS & HEALTH IN THE MILITARY

## National Summit: Arts, Health & Well-being across the Military Continuum

April 10, 2013

Memorial Auditorium at the Walter Reed National Military Medical Center  
and the National Intrepid Center of Excellence (NICoE)

### AGENDA

---

0730 – 0830	<b>Registration and Breakfast</b>
0830 – 0840	<b>Opening Ceremony</b> — Presentation of Colors, National Anthem
0840 – 0850	<b>Welcome &amp; Opening Remarks</b> <i>Introduction:</i> <ul style="list-style-type: none"><li>• <b>Commander Moira G. McGuire</b>, CDR, Nurse Corps, USPHS, Program Manager, Sea Services Warrior Clinic, Walter Reed National Military Medical Center; Co-Chair, National Initiative for Arts &amp; Health in the Military</li></ul> <i>Speaker:</i> <ul style="list-style-type: none"><li>• <b>Rear Admiral Alton L. Stocks</b>, SHCE, USN, Commander, Walter Reed National Military Medical Center (with brief remarks by <b>Joan Shigekawa</b>, Acting Chairman, National Endowment for the Arts)</li></ul>
0850 – 0930	<b>National Initiative for Arts &amp; Health in the Military - Creating a Blueprint for Action</b> — This presentation will explore key findings from the 2012 Arts & Health in the Military National Roundtable and opportunities for action. <i>Introduction:</i> <ul style="list-style-type: none"><li>• <b>Marete Wester</b>, Director of Arts Policy, Americans for the Arts, Co-Chair, National Initiative for Arts &amp; Health in the Military</li></ul> <i>Speakers:</i> <ul style="list-style-type: none"><li>• <b>Anita Boles</b>, MPA, Chair, Planning Committee for National Summit: Arts, Health and Well-being across the Military Continuum; Co-Chair of the 2012 Arts &amp; Health in the Military National Roundtable</li><li>• <b>Robert L. Lynch</b>, President &amp; CEO, Americans for the Arts; Co-Chair of the 2012 Arts &amp; Health in the Military National Roundtable</li><li>• <b>Tracy Gaudet</b>, MD, Director, Office of Patient Centered Care &amp; Cultural Transformation, Department of Veterans' Affairs, Veteran's Health Administration</li><li>• <b>Mary Beth Bigley</b>, PhD, MSN, ANP, Director, Division of Science and Communications Office of the U.S. Surgeon General</li><li>• <b>Theresa Buchanan</b>, Youth Initiative Director, National Military Families Association</li></ul>
0930 – 1000	<b>Keynote Address: The Art of Health Maintenance</b> <i>Introduction:</i> <ul style="list-style-type: none"><li>• <b>Commander Moira G. McGuire</b>, CDR, Nurse Corps, USPHS, Program Manager, Sea Services Warrior Clinic, Walter Reed National Military Medical Center; Co-Chair, National Initiative for Arts &amp; Health in the Military</li></ul> <i>Speaker:</i> <ul style="list-style-type: none"><li>• <b>Rear Admiral Boris D. Lushniak</b>, MD, MPH, Deputy Surgeon General, U.S. Public Health Service</li></ul>
1000 – 1015	<b>Break</b>

1015 – 1100

**The Arts & Resilience in Mind and Body - New Research Aims, Concepts, Strategies, and Results** — This panel will chart new research directions and opportunities for exploring the health impact of arts interventions in military and veteran populations.

*Introduction:*

- **Sunil Iyengar**, Director, Office of Research & Analysis, National Endowment for the Arts; Chair, Federal Interagency Task Force on the Arts and Human Development

*Speakers:*

- **Mark Bates**, PhD, Associate Director for Population Health, Deployment Health Clinical Center, Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury
- **Marina Khusid**, MD, Chief Medical Officer of Integrative Medicine, Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury
- **Barry Bittman**, MD, Chief Innovation Officer, Meadville Medical Center, and CEO, Yamaha Music and Wellness Institute
- **Marina Vernalis**, MD, Medical Director, Integrative Cardiac Health Project, Walter Reed National Military Medical Center
- **Darrell L. Ellsworth**, PhD, Senior Director, Integrative Cardiac Health Program, Windber Research Institute

1100 – 1130

**Performance** — “*Conflict(ed)*”: A work about contrasts between military and the Middle East

*Introduction:*

- **Roman Baca**, Artistic Director, Exit 12 Dance Company; Veteran USMC

*Dancers:*

- **Aaron Atkins, Meaghan Doherty, Lisa Fitzgerald, Adrienne de la Fuente**

1130 – 1220

**Continuum of Arts & Health Practitioners: Creative Arts Therapists, Artists in Residence, Performers** — This panel will provide an arts and healthcare framework or continuum of diverse healing arts practitioners (including veterans trained in the healing arts) and their interrelationships.

*Introduction/Moderators:*

- **Anita Boles**, MPA, Chair, Planning Committee for National Summit: Arts, Health and Well-being across the Military Continuum; Co-Chair of the 2012 Arts & Health in the Military National Roundtable
- **Paul F. Pasquina**, MD, Colonel, US Army, (Ret.) Residency Director & Chair, Physical Medicine & Rehabilitation, Uniformed Services University of the Health Sciences, Walter Reed National Military Medical Center

*Panelists:*

- **Sharon W. Goodill**, PhD, BC-DMT, NCC, LPC, President, American Dance Therapy Association; Representative, National Coalition of Creative Arts Therapies Associations
- **Melissa Walker**, MA, ATR, Art Therapist/Healing Arts Program Coordinator, National Intrepid Center of Excellence
- **Judy Rollins**, PhD, RN, President, Rollins & Associates, , Inc.; Adjunct Assistant Professor, Georgetown University School of Medicine
- **Shanti Norris**, Co-Founder and Executive Director, Smith Center for Healing and the Arts
- **Jenny Baxley Lee**, MA, BC-DMT, Lecturer, Center for Arts in Medicine, University of Florida
- **Micah Sickel**, MD, PhD, Child Psychiatrist, Child and Adolescent Psychiatric Service, Department of Psychiatry, and Founder/Director, “Stages of Healing,” Walter Reed National Military Medical Center
- **Christiane O’Hara**, PhD, Co-Chair, ArtReach Project America; Co-Director of Training, The ArtReach Foundation, Inc.®; Red Cross Consulting Psychologist, TBI Clinic, DDEAMC Fort Gordon
- **Carolyn Bacon**, CACII, CCS, Atlanta VAMC SATP-STAR, Veteran Trainer, The ArtReach Foundation, Inc.®

1220 – 1230

**Performance** — **Arthur Bloom**, Founder & Director, Musicorps and Musicorps Band Members

1230 – 1240

**Escorts to Discussion Session Rooms**

*Instructions:*

- **Marete Wester**, Director of Arts Policy, Americans for the Arts; Co-Chair, National Initiative for Arts & Health in the Military

**Lunch and Discussion Sessions: Research, Policy & Practice in Defined Stages of the Military Continuum** — Each session will feature a series of brief speakers to help frame the discussions. At the end of the day, the groups will each report on their research, policy, and practice recommendations within their specific stages across the military continuum.

**Discussion 1: Pre-deployment and Active Duty**

*Facilitator:*

- **Bill O'Brien**, Senior Advisor for Program Innovation, National Endowment for the Arts (NEA)

*Panelists:*

- **Christiane O'Hara**, PhD, Co-Chair, ArtReach Project America; Co-Director of Training, The ArtReach Foundation, Inc.®; Red Cross Consulting Psychologist, TBI Clinic, DDEAMC Fort Gordon
- **Rebecca Vaudreuil**, BM, MT-BC, Neurologic Music Therapist - Fellow, Military Program Director, Resounding Joy, Inc., and Semper Sound Military Program Director
- **Barbara A. Else**, MPA, LCAT, MT-BC, Senior Advisor Research & Policy, American Music Therapy Association
- **Lulie Haddad**, Documentary Filmmaker and Board Member, The Writer's Guild of America, East Foundation (WGAE)

**Discussion 2: Re-entry/Reintegration—Military Treatment Facilities (MTFs)**

*Facilitator:*

- **Ermyn King**, MA, Creative Arts Program Coordinator, Walter Reed National Military Medical Center

*Panelists:*

- **Gayla Elliott**, ATR, Art Therapist, Naval Hospital Camp Lejeune (NHCL)
- **Ashy Palliparambil**, MS, Hospital Services Specialist, USO of Metropolitan Washington
- **Seema Reza**, JTF CapMed-WRNMMC-FBCH Arts Program Coordinator
- **Arthur Bloom**, Founder and Director, Musicorps
- **Linda O'Neil**, MEd and **Ananda Kiamsha Madelyn Leeke**, Artists in Residence with Smith Center for Healing and the Arts' Artists-in-Residence Program at Walter Reed National Military Medical Center
- **Fred Foote**, MD, Captain, U.S. Navy Medical Corps (Ret.); Director, Warrior Poetry Project and Project Manager, Green Road Project at Walter Reed Bethesda; Poetry Editor for *O-Dark-Thirty* Literary Journal of Veterans Writing Project
- **Ron Capps**, MA, Lieutenant Colonel, U.S. Army (Ret.), Founder and Director, Veterans Writing Project (VWP); Editor and Publisher of *O-Dark-Thirty* Literary Journal of VWP; Writing Curriculum Developer and Lead Trainer for the NEA/Walter Reed Bethesda Arts Partnership
- **Julie Garrison**, MA, MT-BC, Music Therapist, Board-Certified, and Neurologic Music Therapist through the NEA/Walter Reed Bethesda Arts Partnership
- **Melissa Walker**, MA, ATR, Art Therapist/Healing Arts Program Coordinator, National Intrepid Center of Excellence
- **Micah Sickel**, MD, PhD, Child Psychiatrist, Child and Adolescent Psychiatric Service, Department of Psychiatry, and Founder/Director, "Stages of Healing," Walter Reed National Military Medical Center
- **Tara Tappert**, PhD, Principal, Tappert & Associates; Evaluator of Smith Center for Healing and the Arts' Artists-in-Residence Program at Walter Reed National Military Medical Center

**Discussion 3: Veterans—VA Health Systems and Community-based Programs**

*Facilitators:*

- **Kennita R. Carter**, MD, Clinical Champion, Office of Patient Centered Care and Cultural Transformation, Veterans Health Administration, U.S. Department of Veterans Affairs
- **Naj Wikoff**, MA, Founder, Creative Healing Connections; Member, Lesley University Institute for Arts in Health

*Panelists:*

- **Tina Haynes**, MT-BC, LCAT, Neurologic Music Therapist at Tennessee Valley Healthcare System - York Campus
- **Laura Spinelli**, ATR, LPC, Art Therapist and Mental Health Counselor, VA Connecticut Healthcare System
- **Ben Donenberg**, Founder and Executive Artistic Director of The Shakespeare Center of Los Angeles
- **Wanda Burch**, co-founder of Creative Healing Connections retreats for women veterans

#### Discussion 4: Late Life Veterans Care

*Facilitators:*

- **Raya E. Kheirbek**, MD FACP, Deputy Chief of Staff, Washington DC VAMC
- **Gay Hanna**, PhD MFA, Executive Director, National Center for Creative Aging

*Panelists:*

- **Anne Basting**, PhD, Associate Professor, Theatre; Executive Director, Center on Age & Community, University of Wisconsin Milwaukee
- **Johanna Misesy Boyer**, MSW, LGSW, Healing Arts Coordinator, The Hospice of the Chesapeake
- **Liz Lerman**, Founder of the Liz Lerman Dance Company, MacArthur Fellow

#### Discussion 5: Families and Caregivers

*Facilitators:*

- **Judy Rollins**, PhD, RN, President, Rollins & Associates, Inc.; Adjunct Assistant Professor, Georgetown University School of Medicine
- **Beth Bienvenu**, PhD, Director, Office of Accessibility, National Endowment for the Arts (NEA)

*Panelists:*

- **Leslee Pollakoff Goldman**, ATR-BC, LPC, Art Therapist, Music Institute of Chicago's Institute for Therapy through the Arts (ITA)
- **Linda Dennis**, Program Manager, A Backpack Journalist, LLC
- **Daniel Jones**, Intern with A Backpack Journalist and U.S. Army Reserve Youth
- **Sheri Robey-Lapan**, Senior Director of Programs, Blue Star Families
- **Teresa Eyring**, MFA, Executive Director, Theatre Communications Group (TCG)

1530 – 1600

Cookie & Coffee Break - Move to Memorial Auditorium

1600 – 1620

**Performance** — Artists from across the Military Continuum

*Introduction:*

- **Commander Moira G. McGuire**, CDR, Nurse Corps, USPHS, Program Manager, Sea Services Warrior Clinic, Walter Reed National Military Medical Center; Co-Chair, National Initiative for Arts & Health in the Military

*Performers:*

- **Daniel Jones**, Intern with A Backpack Journalist and U.S. Army Reserve Youth, performing "PTSD Won't Stop Me"
- **Ron Capps**, Veterans Writing Project, reading "Deus ex Machina"
- **Thomas Dwyer**, The Dance Exchange, performing "Blue Skies" choreographed by Liz Lerman

1620 – 1715

**A Vision for the Future of Arts in the Military** — A call to action: A discussion of the next steps needed in creating a comprehensive action plan for moving forward with arts and health programs for all generations of those who served. Discussion session reports (5 minutes each)

*Moderator:*

- **Marete Wester**, Director of Arts Policy, Americans for the Arts; Co-Chair, National Initiative for Arts & Health in the Military

*Discussion Group Reports:*

- **Group 1 - Bill O'Brien**, Senior Advisor for Program Innovation, National Endowment for the Arts (NEA)
- **Group 2 - Ermyn King**, MA, Creative Arts Program Coordinator, Walter Reed National Military Medical Center
- **Group 3 - Kennita R. Carter**, MD, Clinical Champion, Office of Patient Centered Care and Cultural Transformation, Veterans Health Administration, U.S. Department of Veterans Affairs and **Naj Wikoff**, MA, Founder, Creative Healing Connections; Member, Lesley University Institute for Arts in Health
- **Group 4 - Raya E. Kheirbek**, MD FACP, Deputy Chief of Staff, Washington DC VAMC and **Gay Hanna**, PhD MFA, Executive Director, National Center for Creative Aging
- **Group 5 - Judy Rollins**, PhD, RN, President, Rollins & Associates, Inc.; Adjunct Assistant Professor, Georgetown University School of Medicine and **Beth Bienvenu**, PhD, Director, Office of Accessibility, National Endowment for the Arts (NEA)

*Closing Remarks*

- **Commander Moira McGuire**, CDR, Nurse Corps, USPHS, Program Manager, Sea Services Warrior Clinic, Walter Reed National Military Medical Center; Co-Chair, National Initiative for Arts & Health in the Military

1730 – 1900

**Reception** - At the National Intrepid Center of Excellence